

## ***Words Can Work®: When Talking About Alcohol***

List three reasons why young people use alcohol.

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

Robert used alcohol “to fit in,” and lost his leg in a drinking and driving crash. What do you think he would tell young people who drink to fit in?

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What would you say if your peers were pressuring you to drink, but you didn't want to?

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If your friend was drinking and about to get behind the wheel of a car, what would you do?

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If you were about to get into a car and realized that the driver had been drinking, what would you do?

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*Words Can Work®: When Talking About Alcohols (continued)*

Under the influence of alcohol, people might make decisions about sexual activity that they wouldn't make if they were sober. Why?

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Ilton says that alcohol is like a magnet for trouble. He doesn't want to ruin all he has going for himself. Write down a goal you have set.

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How could underage drinking affect your ability to reach this goal?

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Ilton says he's a positive role model for his younger brothers. If you drink alcohol when you're underage, what message does this send to your younger siblings or friends?

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Some young people use alcohol to deal with stress. Why this is dangerous?

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List three healthy ways to deal with stress.

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2) \_\_\_\_\_

3) \_\_\_\_\_