

Words Can Work®: When Talking About Alcohol

List three reasons why young people use alcohol.

1) _____

2) _____

3) _____

Robert used alcohol “to fit in,” and lost his leg in a drinking and driving crash. What do you think he would tell young people who drink to fit in?

What would you say if your peers were pressuring you to drink, but you didn't want to?

If your friend was drinking and about to get behind the wheel of a car, what would you do?

If you were about to get into a car and realized that the driver had been drinking, what would you do?

Words Can Work®: When Talking About Alcohols (continued)

Under the influence of alcohol, people might make decisions about sexual activity that they wouldn't make if they were sober. Why?

Ilton says that alcohol is like a magnet for trouble. He doesn't want to ruin all he has going for himself. Write down a goal you have set.

How could underage drinking affect your ability to reach this goal?

Ilton says he's a positive role model for his younger brothers. If you drink alcohol when you're underage, what message does this send to your younger siblings or friends?

Some young people use alcohol to deal with stress. Why this is dangerous?

List three healthy ways to deal with stress.

1) _____

2) _____

3) _____