

Craig began using anabolic steroids the summer after high school graduation. For the next five years he abused the drugs. He describes the physical damage the drugs did to his health and the emotional harm that anabolic steroid abuse caused his sister and parents. Craig urges young people to stay strong naturally, without cheating. (For middle, high school and college students, educators, and parents and other caregivers. Craig, an EMT, also speaks to public safety professionals, including EMTs, police officers and fire fighters.)

Craig is featured in the DVD *Steroids: True Stories Hosted by Curt Schilling*, and *Words Can Work: When Talking About Steroids* booklet.