

## ***Words Can Work®: When Talking About Steroids***

Anabolic steroids can harm your physical and emotional health. List three ways steroids can affect you physically.

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

Craig's steroid use affected his parents and his sister. Describe how they were affected.

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Explain how you think you'd feel if you used steroids and reacted violently around your family and friends.

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Some people risk using steroids despite the threat to their physical and emotional health. Why do you think some people are willing to take these risks?

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*Words Can Work®: When Talking About Steroids (continued)*

Nate refused to use steroids. He is achieving his athletic goals through hard hard. How do you think his sense of accomplishment would be affected if he used steroids?

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How would you feel if you knew you were competing against someone who was using steroids to gain a competitive edge?

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Jose says that using steroids would take the fun out of playing baseball. Explain what you think he means by that.

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Josh says some young people feel pressured to do whatever it takes to win, including using steroids. If a friend told you he or she was thinking about taking steroids for this reason, what would you say to him or her?

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John worries that he may develop cancer as a result of steroid use. What would you say to a friend about the long-term risks of steroids, if he or she were using the drugs?

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If someone offered you steroids, how would you respond?

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