

## ***Words Can Work®: When Talking About Steroids***

Anabolic steroids can harm your physical and emotional health. List two ways steroids can affect you physically or emotionally.

1) \_\_\_\_\_

2) \_\_\_\_\_

Describe how Craig's steroid use affected his parents and his sister.

Explain how you think you'd feel if you used steroids and reacted violently around your family and friends.

Some people risk using steroids despite the threat to their physical and emotional health. Why do you think some people are willing to take these risks?

Nate refused to use steroids. He is achieving his athletic goals through hard work. How do you think his sense of accomplishment would be affected if he used steroids?

How would you feel if you knew you were competing against someone who was using steroids to gain a competitive edge?

If a friend told you he or she was thinking about taking steroids, what would you say to him or her?

What would you say to a friend about the long-term risks of steroids, if he or she were using the drugs?

If someone offered you steroids, how would you respond?